



**HOLY TRINITY**  
EPISCOPAL CHURCH



Earliest known depiction of the Good Shepherd, Catacombs of Domatilla, Rome, 2nd Century.

## **FOURTH SUNDAY OF EASTER**

April 21, 2024 | 11am

Holy Eucharist Rite II with Confirmation

## Welcome to Holy Trinity!

We are overjoyed that you have joined us this morning. We hope that you have been warmly welcomed to our church and that you will experience worship that is both beautifully timeless and relevant to your life today. In short, we hope that you encounter Jesus at Holy Trinity.

Founded in 1897, Holy Trinity is an historic Episcopal Church in the Diocese of Southeast Florida. We value and celebrate our heritage, and invite all people to experience God's amazing grace with us.

If there is any way that we can serve you or pray for you, or if you have any questions we can answer, please don't hesitate to let me or the Rev. D.J. know, and we will do our best! Our phone number and email addresses are on the back cover.

Again, a very warm welcome to you. It is truly our privilege to worship with you today.

In Christ,



The Rev. Rutger-Jan (R-J) Heijmen

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## Overflow Parking

Free parking is available in the white Philips Point Garage - West. Before leaving the church, pick-up a QR code ticket from an Usher at the church's east (main) entrance. This coded ticket is needed as a form of payment to exit the garage.

Additional parking is available along Chase St. and Trinity Pl. - although meters are present, they are not monitored on Sundays.

For more details, check [holytrinitywpb.org/parking](https://holytrinitywpb.org/parking).

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## Online Offering

In addition to the traditional method of passing the plate, we also offer the option to donate to Holy Trinity via our online giving portal. You can scan the QR code (right) to go directly to our donation page. Thank you for your incredible support and generosity!



## Today at Holy Trinity

- **Coffee Hour** is hosted in the Parish Hall.
  - **Nursery care** is available at the 9 and 11am services for infants and toddlers up to three years old/or fully potty trained. The church nursery is located on the second floor of the Christian Education Building. Please follow the NURSERY sign to the first class room on the right or ask an usher for assistance.
  - **Children's Sunday School** is available at the 9 and 11am services for Pre-K through 5th grade children. Check in at the station by the main entrance when you arrive. After the Children's Homily, the children follow the cross in procession to the Parish Hall. Contact JD at [jd@holytrinitywpb.org](mailto:jd@holytrinitywpb.org) to volunteer.
  - **The Children's Nook** is in the back of the church and has a child friendly activity table for parents and young children to enjoy during the service when needed.
  - **Youth Group** for students in middle school and high school is held in Youth Suite on the second floor of the Christian Education building between the 9 and 11am services.
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## Weekly Worship & Fellowship Opportunities

- **Tuesday Communion Service:** 12:15pm in the Chapel.
- **Tuesday College Bible Study:** 6pm in the Parlor. Food will be provided.
- **Tuesday Choir Practice:** 7pm in the Choir Room.
- **Wednesday Stitches (Women's Bible Study):** Noon-1pm in the Parlor and on Zoom.
- **Wednesday Night Fellowship:** Dinner begins at 5:15pm in the Parish Hall.
- **Wednesday Vespers:** A 30-minute Evening Prayer service at 6pm in the Chapel and on Zoom.
- **Thursday Morning Men's Bible Study:** 8am in the Library.
- **Thursday Morning Prayer & Healing Service:** A 30-minute Morning Prayer service at 10am in the Chapel and on Zoom.
- **Thursday Grief Group:** Every 1st & 3rd Thursday at 2pm in the Parlor.

## Digital Guestbook for Visitors

We hope that you feel welcomed and experienced Christ's presence with us. If you feel comfortable doing so, please fill out our Digital Guestbook as a record of your time with us by using your phone's camera to scan this QR code.



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## Stewardship Update

Holy Trinity's total 2024 budget is a little over \$2M. Of this total, approximately \$400k comes from endowment distributions and facility rental income. For the other \$1.6M, we depend completely on the grace of God and the generosity of our parishioners. If you have not yet made a pledge or gift to Holy Trinity for 2024, would you prayerfully consider doing so? We are a growing church and we need your support. You can make a 2024 pledge at [www.holytrinitywpb.org/pledge](http://www.holytrinitywpb.org/pledge) or a gift (one-time or recurring), at [www.holytrinitywpb.org/give](http://www.holytrinitywpb.org/give). You can also give or pledge via phone, mail, or Sunday offering. Thank you!

### As of April 13 (14 weeks)

Total 2024 Need	Year-to-Date Need	Year-to-Date Giving	Year-to-Date Surplus/Deficit
\$1,597,071.53	\$460,693.71	\$368,065.03	- \$92,628.68

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## Wednesday Night Fellowship is Back!

Join us at 5:15pm for a delicious dinner prepared by our very own Nancy Heilner. At 6pm, following dinner, you will have a rich variety of programs to choose from:

- "Creative Spirituality" painting class with Jack Lansing and Jeremy Morse
- Vespers in the chapel
- Youth Group for middle- and high-schoolers, as well as activities for younger children

Childcare will be provided for the youngest among us. All ages and "all sorts and conditions" are welcome!

## Coffee Hour Heroes Needed!

Thank you to **Korinne Munson** for hosting today's coffee hour!

Coffee hour has been such a hit, we need your help more than ever! If you would like to be a coffee hour hero, there are two ways! You can sponsor a coffee hour with a financial gift or you can host a coffee hour. Either way, please reach out to Nadine Burns ([nadineburnslw@yahoo.com](mailto:nadineburnslw@yahoo.com)) for more information.

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## Vacation Bible School 2024 - Save the date: June 10-14

For the 28th year, VBS will be offered to all children in our community ages PreK-5th grade. The cost to register will be \$50; scholarships will be available. Contact JD ([jd@holytrinitywpb.org](mailto:jd@holytrinitywpb.org)) for more information. Scan this QR code to register a child or to sign up as a volunteer.



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## April Outreach Collection Benefiting AVDA - Aid to Victims of Domestic Abuse, Inc.

AVDA offers life-saving services while promoting violence-free, equitable relationships and creating the social changes necessary to end domestic and dating violence. We are collecting items to support the Casa Vegso Residential Programs, which include the emergency shelter and transitional housing. These programs provide shelter for survivors of domestic violence, their children and pets. The Emergency Shelter provides survivors with a place to stay for at least 6 weeks. They are provided with food, clothing, transportation and personal care items. The transitional housing facility provides a stay of up to two years for those transitioning out of the emergency shelter. Visit [avdaonline.org](http://avdaonline.org) for more information.

### Requested Donations (New/Unused Products Only)

- Shampoo & Conditioner
- Body Wash
- Bar Soap
- Deodorant
- Feminine Hygiene Products
- Combs/Brushes
- Sunscreen for Children & Adults
- Scent Free Laundry Detergent
- Sanitizing Wipes
- Bleach Free All-Purpose Cleaner

Please stand.

## Opening Hymn

“Christ is made the sure foundation”

Hymnal 518

## The Word of God

Book of Common Prayer (BCP) 413

Celebrant Alleluia. Christ is risen.

**People The Lord is risen indeed. Alleluia.**

Celebrant There is one Body and one Spirit;

**People There is one hope in God’s call to us;**

Celebrant One Lord, one Faith, one Baptism;

**People One God and Father of all.**

The congregation’s parts are printed in bold.

Please kneel as you are able.

## The Collect of the Day

BCP 357

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Let us pray.

A “collect” is a general prayer that “collects” the prayers of the people and expresses the theme of the service.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

Please be seated.

*All children 5th grade and under are invited up to the chancel steps.*

## Children’s Homily

The Rev. D. J. Griffin

## Children’s Hymn

“Alleluia, alleluia! Give thanks to the risen Lord” Hymnal 178

v. 1

## The Lessons

Before we break the bread, first we break open the Scriptures to hear God’s word to us.

*When Peter and John have visited the Temple to pray, Peter has cured a crippled man – who has praised God and entered*

*the Temple with them. Peter and John have preached the good news to the crowd - but the religious authorities have arrested them.*

## **A Reading from the Acts of the Apostles (4:5-12)**

The rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is 'the stone that was rejected by you, the builders; it has become the cornerstone.'

Psalm 118

There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

Lector            The Word of the Lord.  
**People            Thanks be to God.**

## **Psalm 23**

**The Lord is my shepherd; \*  
I shall not be in want.  
He makes me lie down in green pastures \*  
and leads me beside still waters.  
He revives my soul \*  
and guides me along right pathways for his Name's sake.  
Though I walk through the valley of the shadow of death,  
I shall fear no evil; \*  
for you are with me;  
your rod and your staff, they comfort me.**

A Psalm of David, one of the most well-known passages of Scripture.

**You spread a table before me in the presence of those who trouble me; \***

**you have anointed my head with oil,  
and my cup is running over.**

**Surely your goodness and mercy shall follow me all the days of my life, \***

**and I will dwell in the house of the Lord for ever.**

*The author has exhorted his fellow members of the Christian community to love each other. This love is to be grounded in the love of Jesus for his disciples.*

### **A Reading from the First Letter of John (3:16-24)**

We know love by this, that he laid down his life for us — and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help?

“Little children” is John's favorite way of addressing Christian disciples.

Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him.

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

Lector

The Word of the Lord.

**People**

**Thanks be to God.**



## The Gospel Hymn

“Shepherd of souls, refresh and bless”

Hymnal 343

vv. 1 & 2 before the Gospel

vv. 3 & 4 after the Gospel

Please stand.

## The Holy Gospel

Priest            The Holy Gospel of our Lord Jesus Christ  
                         according to John (10:11-18).

**People            Glory to you, Lord Christ.**

Jesus said, “I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.”

Jesus says these things during the Last Supper on the night before he is crucified.

Priest            The Gospel of the Lord.

**People            Praise to you, Lord Christ.**

## The Sermon

The Bishop

## Presentation & Examination of the Candidates

BCP 415

These questions are for the candidates.

Celebrant The Candidates will now be presented.  
Presenter I present these persons for confirmation and to be received into this communion.

Celebrant Do you reaffirm your renunciation of evil?

**Candidates I do.**

Celebrant Do you renew your commitment to Jesus Christ?

**Candidates I do, and with God's grace I will follow him as my Savior and Lord.**

This question is for everyone.

Celebrant Will you who witness these vows do all in your power to support these persons in their life in Christ?

**People We will.**

Celebrant Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

Please stand.

## The Baptismal Covenant

BCP 416

Celebrant Do you believe in God the Father?

**People I believe in God the Father almighty, creator of heaven and earth.**

We join with the candidates in professing the Apostles' Creed, the traditional baptismal statement of faith.

Do you believe in Jesus Christ, the Son of God?

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

Do you believe in God the Holy Spirit?

Acts 2:42

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.**

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

**I will, with God's help.**

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

**I will, with God's help.**

Will you proclaim by word and example the Good News of God in Christ?

**I will, with God's help.**

Will you seek and serve Christ in all persons, loving your neighbor as yourself?

**I will, with God's help.**

Will you strive for justice and peace among all people, and respect the dignity of every human being?

**I will, with God's help.**

## **Prayers for the Candidates**

BCP 305

Celebrant Let us now pray for these persons who have renewed their commitment to Christ.

Deliver them, O Lord, from the way of sin and death.

**People Lord, hear our prayer.**

Priest

Open their hearts to your grace and truth.

**People**

**Lord, hear our prayer.**

Fill them with your holy and life-giving Spirit.

**Lord, hear our prayer.**

Keep them in the faith and communion of your holy Church.

**Lord, hear our prayer.**

Teach them to love others in the power of the Spirit.

**Lord, hear our prayer.**

Send them into the world in witness to your love.

**Lord, hear our prayer.**

Bring them to the fullness of your peace and glory.

**Lord, hear our prayer.**

BCP p. 417

Celebrant

Almighty God, we thank you that by the death and resurrection of your Son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you have made with them at their Baptism. Send them forth in the power of that Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
**Amen.**

Candidates  
will now come  
forward one by  
one to kneel be-  
fore the Bishop.

**Confirmation:**

Strengthen, O Lord, your servant *N.* with your Holy Spirit; empower *him* for your service; and sustain *him* all the days of *his* life. **Amen.**

***Reception:***

*N.*, we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of this Communion. God, the father, the son, and Holy Spirit, bless, preserve, and keep you. **Amen.**

Almighty and everliving God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them; and so lead them in the knowledge and obedience of your Word, that they may serve you in this life, and dwell with you in the life to come; through Jesus Christ our Lord. **Amen.**

**The Peace**

Celebrant      The peace of the Lord be always with you.  
People          **And also with you.**

**The Announcements & Offertory**

*The High Altar flowers are given in honor of Patricia Munson  
Duncan by Korinne Munson.*

**The Offertory Anthem**

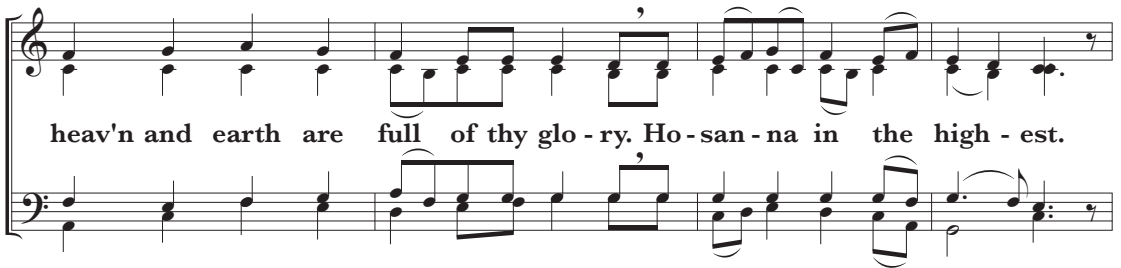
“Crown Him with Many Crowns”

Based on *Diademata*  
by George Job Elvey





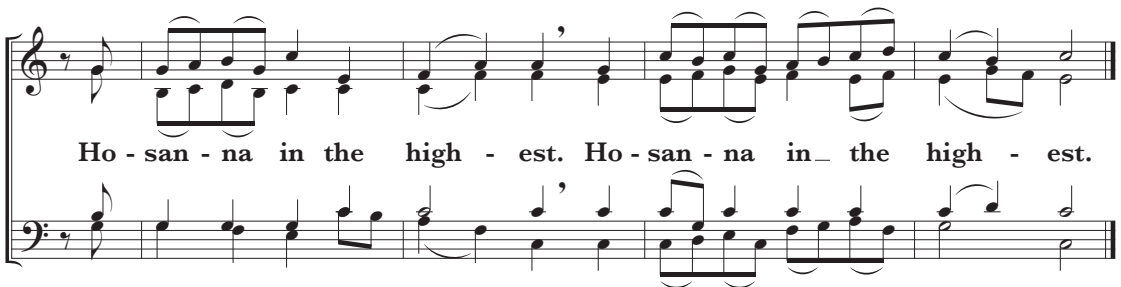
Ho - ly, ho - ly, ho - ly Lord, God of pow'r and God of might.



heav'n and earth are full of thy glo - ry. Ho - san - na in the high - est.



Bless - ed is he who comes in the name of the Lord.



Ho - san - na in the high - est. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

Please kneel as you are able.

Matthew  
26:26-28, Mark  
14:22-24, Luke  
22:19-20, 1  
Corinthians  
11:23-25

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is ris - en. Christ will come a - gain.

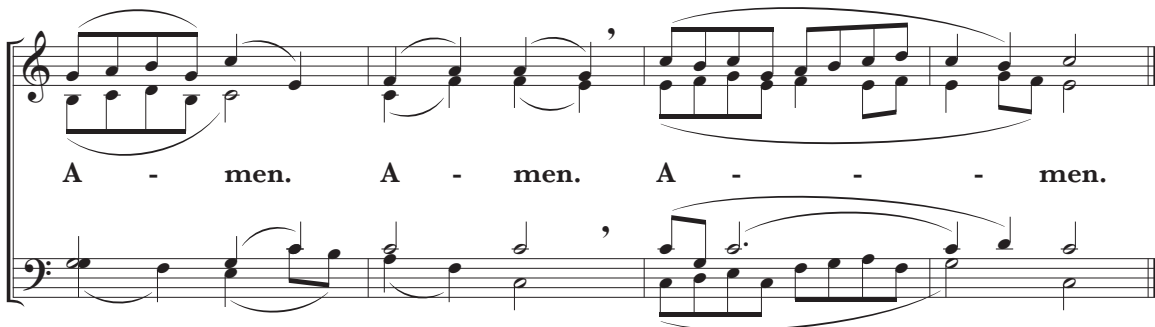
We bless the communion bread and wine by giving thanks to God for the death and resurrection of Jesus and the salvation they give us.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.



All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.



And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

BCP 364

Jesus teaches us to pray this prayer in Matthew 6:9-13, and Luke 11:1-4.

## The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;  
People **Therefore let us keep the feast. Alleluia.**

1 Corinthians 5:7-8

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ushers will release the congregation by pew to come forward for Communion. In the Episcopal Church, all baptized Christians, regardless of age or denomination, are welcome to receive Holy Communion. If you are not baptized, or do not wish to take Communion for any other reason, we invite you to come to the rail and cross your arms to receive a blessing from the priest. If you would like to be baptized, please let R-J or D.J. know!

As you come forward for Communion, you have several different options on how to receive (or not receive):

- If you would like to **receive a blessing only**, please cross your arms on your chest and the priest will bless you. Please remain in place as the bread and wine pass by.
- If you would like **gluten-free bread**, please ask the priest at the altar rail.
- If you would like to **receive bread only**, please hold out your hands to receive the bread, eat the bread, then cross your arms when the chalice bearer passes with the wine.
- If you would like to **receive bread and “sip” the wine**, please hold out your hands to receive the bread, eat the bread, and then help the chalice bearer guide the cup to your lips.
- If you would like to **receive bread and “dip” it into the wine**, please hold out your hands to receive the bread, then hold out the bread on your open palm, and the chalice bearer will take the bread from you, dip it in the wine and place the bread directly onto your tongue.
- If you are **unable to come forward**, a priest will come to you at the end of Communion.

## Communion Hymns

“Savior, like a shepherd lead us”

Hymnal 708

“At the name of Jesus”

Hymnal 435

“The King of love my shepherd is”

Hymnal 645

“My Song Forever Shall Record”

Michael Praetorius (1571 - 1621)

Puer Nobis Nacitur

*My song forever shall record  
The tender mercies of the Lord;  
Thy faithfulness will I proclaim,  
And every age shall know Thy Name.  
I sing of mercies that endure,  
Forever builded firm and sure,  
Of faithfulness that never dies,  
Established, changeless in the skies.*

Please kneel as  
you are able.

## **Post Communion Prayer**

BCP 366

Celebrant      Let us pray.

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.**

Please stand.

## **The Blessing**

### **Closing Hymn**

“The Church’s one foundation”

Hymnal 525

## **The Dismissal**

Celebrant      Let us go forth in the name of Christ.  
Alleluia, Alleluia.

**People            Thanks be to God. Alleluia, Alleluia.**



## TODAY'S CANDIDATES FOR CONFIRMATION & RECEPTION



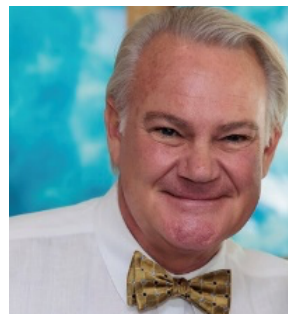
**Kyle Glenum:** Kyle has been a Palm Beach local since 2014, and a regular attendant of Holy Trinity for the past two years. He is doing his best.

**Erin Trundle** has lived in West Palm Beach for three years, moving from New York with her husband Matt and two boys, Wyatt and Dax. A native Californian, she has been a member of Saint Matthews Parish in Pacific Palisades since birth. She looks forward to finally following through with the confirmation process that she started at age 13. When not working as a cyber insurance broker and managing two young boys, she enjoys watching all reality television and getting to beach as often as possible.



**Alaercio Leite** was born in São Paulo, Brazil. He has been a choreographer and a ballet instructor about 3 decades. As a dancer he had the pleasure to have danced in so many dance companies in Brazil. Now he is a part of the faculty teachers at Ballet East. His collaboration with Kravis Performing Arts at the De George Academy where is offered for incoming students who want to pursue an education in the performing arts. He is glad to be part of the church family at Holy Trinity.

**Paul Suschak:** Three joys in my life right now are my faith, Jesus Christ my lord and savior and my church, Holy Trinity and all the friends there!



**Cindy Fucci:** I grew up in the northeast. I have lived in SFLA for over 37 yrs, mostly in Palm Beach County. I have worked nearly 50 yrs in some kind of Customer Service / Public Service. \*Retail Management \*Life Safety - As an EMT, 911 calls for service, Emergency Room and the Palm Beach County Jail \*911 Public Safety Telecommunicator / Regional Comm Center Manager for all State Law Enforcement \*Dispatch - Communications Specialist for Palm Beach County, Dept. of Airports, Airport Operations. I was raised Catholic and was practicing when I walked into Holy Trinity 4 ½ yrs ago. The day the newly installed Rector had his first Sunday service. I wanted to see what the Episcopal Church was all about! What I found Holy Trinity to be, was a very welcoming environment. You felt like you wanted to be a part of it. It is a safe, loving, incredible place to spend time reaffirming my faith. I never left! During these past 4 ½ yrs I have become an Usher, have gotten married in the church and met some of the most amazing people that have enriched my life. I am tremendously thankful I get to call Holy Trinity and its people my Faith Family. It is an important part of my relationship with my/our God, His Son, and The Holy Spirit. It is like home. My wife and I live in Port St Lucie and make the drive each week to get the privilege of worshipping here. In my spare time, I enjoy watching NCCA Softball, The NY Yankees, Working in my garden, swimming, doing the occasional DIY project and travel.



**Pamela Wallace** moved to Florida in Match of 1987. Born and raised in Bridgeport Connecticut on November 26,1952. I love animals. Widowed in September 2019, husband was Kenneth Edward Wallace.

**Clare Goyette:** Originally from Roanoke, Virginia then made my way to Florida via VA Beach and Atlanta. Moved to FL in 1998 and landed in West Palm Beach in 2003. I spent close to 25 years traveling the country in the wholesale women's shoe business before starting at new career as a Health and Life Agent several years ago. My colleagues call me Medicare Clare. Work keeps me very busy, but I do find time for a couple of volunteer activities, biking along the Lake Trail and attending performances at The Kravis Center. I love animals and especially my kitty Twiggy who is a luscious 14 pounds.





**Kelsey Trundle:** Having moved to Palm Beach County in July 2022 from Annapolis, MD, Kelsey knew positive experiences awaited however, she did not know that they would primarily be found at Holy Trinity. A church family and fellowship were the missing pieces to a perfect move to South Florida. Holding a Bachelor's degree from Randolph-Macon College, Kelsey's quick start in her career afforded opportunities to travel internationally and foster relationships that ultimately led to the establishment of GTEC Talent (GTEC). Kelsey is the Co-founder and CEO of GTEC Talent. GTEC is a certified women-owned, talent acquisition and consulting firm that provides business and personnel solutions within telecommunications. When she is not helping build the nation's wireless network, she enjoys traveling, picnics at the beach, golfing and time with her adorable Jack Russell Terrier, Tanner. In addition to professional and personal aspirations, she is deeply committed to nurturing and expanding upon building a family legacy within Holy Trinity. With profound reverence and heartfelt dedication to serving her new community, she is eager to contribute to Holy Trinity and the profound impact it continues to hold.

**Valerie Parks:** Valerie serves as Development & Communications Associate with Trustbridge Hospice Foundation, helping ensure hospice care services for everyone in Palm Beach and Broward counties. Active in Christian service since her teenage years, Valerie has led missions and ministry in Haiti and Romania, as well as the US.



**Phil Parks:** Phil serves as Holy Trinity's Director of Operations. After finishing his career with Walgreens as Supply Chain and Distribution Area Director for the Southeastern United States, he has held a variety of nonprofit leadership positions. He is a key leader in the City of West Palm Beach's Jumpstart Academy assisting aspiring business owners, and a U.S. Army veteran. Valerie and Phil will celebrate 36 years of marriage next month. They have three sons, three daughters-in-law and six grandchildren.

**Fiona Drummond** was born in London, UK in 1960. She was married in London 1980 (but divorced 1990). She has 2 sons: Jack Cator (1983; lives & works in the UK) and Robert Cator (1985, lives & works in the US - married to Becky with 2 children: Astrid 2.5 years old and Luke 6 months). She moved to WPB from London 11 years ago and is a practicing artist.



**Emanuel Kallins:** I started my music career as the music director for ABC's "One Life To Live" and "Lifestyles of the Rich & Famous." When "Lifestyles" went off the air, I built a music library for Universal Music, which I've been producing for 27 years. I'm a father of two talented daughters, and I'm engaged to one of our church members, Janet Block. Happy Life!



**Janet Block:** I absolutely love all things related to the Creative Arts! I'm a proud mom and grandma, and my son, daughter-in-law, and grandson mean the world to me. I'm an active member of my church's Altar Guild, St. Elizabeth's Guild, and "Stitchers" Women's Bible study group.

**Riley McDonough** and his wife Courtney are winter residents of West Palm Beach, and spend their summers in Bellport, New York. They began worshipping at Holy Trinity in the winter of 2020, and feel blessed to have found a home and family at Holy Trinity.



**Larry & Christine Helmich**



**Meredith Jacobs:** I grew up in Syracuse, NY and moved to West Palm Beach in September 1995 to go to school. After many trials and tribulations with registering for school, I ended up getting stuck here. I worked 4 jobs just to make it. Being young, with little to no experience, I continued to work in the retail field until the spring of 2005 when I changed directions completely.

I became a Regional Duty Officer for Florida Highway Patrol in 2005 and in the summer of 2009 I was hired by Palm Beach County Sheriff's Office. After a short stint of being a Communications Training Officer I was promoted to 911 Communications Supervisor. I am in charge of the 911 Public Education Team where we educate the public through role play and presentations.

In 2017, I became very ill and have 4 lifesaving surgeries. I lost the ability to have children and in 2019 became a licensed foster parent through the National Youth Advocate Program. In 5 short years, I fostered 6 long and short term children. In July 2023, I became the proud mom of a 2 year old little girl named Jayda who will be baptized in May of this year at Holy Trinity.

I was raised Roman Catholic and have deeply rooted faith. I often jest that I am a walking miracle thanks to God himself. Every time I look at my daughter I know WHY he chose to save me. Holy Trinity has been an absolute BLESSING to me and my daughter since we arrived a little over a year and a half ago. People we didn't even know yet were praying for us and our impending adoption. I have NEVER felt so loved and welcomed in a church.

In my pastime I love reading, music, playing dress up with my daughter, laughing and teaching. Although my foster home is closed, I am still very passionate about foster

**Lee Cohen**, a Journalist and PR executive with Worth Avenue-based LuxuryPRGroup, provides organizations with media relations and partnerships, and messaging to strengthen their image in the minds of policymakers, the media, philanthropists, and the general public. A royal commentator and specialist on the US-UK relationship Cohen is a regular editorial contributor to FoxNews in the USA; and GBNews, The DailyTelegraph, The Spectator, and The Sun in the UK. For years, Cohen advised the US House Foreign Affairs Committee on the US-UK relationship and founded the Congressional UK Caucus which earned access to lawmakers, philanthropists, and corporations interested in the bi-lateral relationship. Lee and his partner Bruno Renard moved to Palm Beach Island three years ago from Manhattan. A lifelong chorister, Lee is a proud tenor with the Holy Trinity Choir under the direction of Mace Graham.



**Liz Lofaso** was born on December 22, 1978 in Amityville, New York, but has been a South Florida resident most of her life. She attended the University of Florida for her bachelor's in nursing and there met the love of her life, Felipe. She attended the University of South Florida for her Master's in Nursing and Nurse Practitioner degree. Felipe and she moved back to South Florida to be near their families and to start their own. They married in 2007 and are the proud parents of Sebastian (14), Ella (11), and Xavier (10). Liz has worked in nursing for nearly 25 years - initially in oncology and traumatic brain injury through the Veterans Administration, and later as a nurse practitioner in family practice. Fellowship trained in anti-aging and functional medicine, she has a passion for wellness-focused and holistic healthcare. Liz has been fortunate to hold leadership roles throughout her career including multiple directorships, Chief Medical Officer, and Vice President within multiple large healthcare entities. Liz was raised in the Catholic church and had a strong faith from a young age. As a child she was involved in youth ministry and choir; as a teen she taught religious education classes. As an adult Liz found herself moving from church to church in search of a faith community. Three years ago, she found herself in the pews of Holy Trinity and her family found their church home. Liz looks forward to learning and serving as a Vestry member of Holy Trinity.



**Jim Vrooman** is a native of West Palm Beach. Although he was raised in a nearby church, he has great memories of spending time with friends at Holy Trinity. Jim found his church home at Holy Trinity several years ago and has become very involved in different programs and ministries of the church. He is a member of the choir, has a leadership role in our St. George's Table efforts, and serves as a greeter and usher when he is able. Jim also enjoys his role on the Hospitality Committee, and this past Fall he even started a beginning Bridge class during the Wednesday Night Fellowship dinners. Jim previously served at St. Patrick's Episcopal Church in West Palm Beach as a choir member, soloist and accompanist. Jim is the loving and proud father of son Spencer, daughter Elizabeth, and grandsons Westley and Maxwell.

## **Additional Candidates**

Matthew Belyea

Charlotte Jewell

Jeremiah LaCroix

Emma Leidy

Lily Marcowski

Elle Mashek

Izzy McNamara

Majken Ricci

Hazel Smith



## VESTRY PERSON OF THE WEEKEND



**Kitty Drew**

Class of 2024

## OUR VESTRY

**Sandy Rogers**  
Senior Warden

**Liz Lofaso**  
Clerk

**Gina Gordon**

**Kyle Faircloth**

**Kristen McMullen**

**Mary Webster**

**Kirk Grantham**

Chancellor

**Kitty Drew**  
Junior Warden

**John Proctor**  
Treasurer

**Malcolm McCampbell**

**Randy Randolph**

**Jim Vrooman**

**Heather Flaherty**

**Jeff Lewis**  
Sergeant at Arms

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Arr. by Bruce Greer  
Text by Matthew Bridges ©2003  
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Published by Chancel Music



# HOLY TRINITY

EPISCOPAL CHURCH

## FIND US

561.655.8650

211 Trinity Place  
West Palm Beach, FL 33401

[holytrinitywpb.org](http://holytrinitywpb.org)

### Church Office Hours

M-Th 9:00am - 4:00pm

F 9:00am - 3:00pm

## JOIN US

### Sunday Services

Rite I Holy Eucharist 7:30am

Rite II Holy Eucharist 9:00am

Rite II Holy Eucharist 11:00am

### Weekday Services

Wednesday Vespers 6:00pm

Thursday Morning Prayer 10:00am

## MEET US

### The Rev. R-J Heijmen

Rector

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### Mace Graham

Director of Music

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### JD Montalvo

Director of Youth & Children's Ministries

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### Kelly Riccio

Administrator & Pastoral Care Coordinator

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### The Rev. D. J. Griffin

Associate Rector

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### Phil Parks

Director of Operations

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### Laura Thomas

Bookkeeper

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